

POTTY/TOILET TRAINING

Policy

Grassroots Nursery staff are experienced in helping children to toilet train. If you think your child is developmentally ready to start using the potty or toilet, we will endeavour to support you and your child to the best of our ability. Toilet training can be a daunting process for parents but please be assured that our staff will work with you every step of the way to ensure the process is a smooth one. Please be aware that it can take longer for a child to toilet train at nursery as there is so much more happening within the environment than at home.

This is why we ask you to start toilet training your child at home for a short period before it is introduced at nursery.

Please be aware of the following protocol that your child's key person will follow:

- Once you have introduced potty training to your child at home, we will work alongside you and discuss your routine at home. We will try to copy your routine as close as possible to maintain continuity for your child.
- Your child needs to wear suitable clothing when potty training so that they are able to pull down underwear/trousers (no belts, dungarees or popper vests please). This will help to reduce accidents.
- We will ask you to fill in a Partnership Potty/Toilet Training Form.
- Please supply 4 or 5 changes of clothing, including socks, at all times.
- If we run out of spare cloths, we may need to put a nappy on your child.
- Accidents will be dealt with calmly and sensitively by a staff member, and in a way which does not make the child think they have done wrong.

Please feel free to discuss with a member of staff any suggestions to encourage successful toilet training, for example:

Bringing in a potty from home if they feel happier and more comfortable with a familiar potty.

For boys training, if they usually stand to wee at home, let us know so that we can do this at nursery too. We understand that due to changes in routines at home, some children may regress. If your child has been dry for a while and they begin to have accidents, a member of staff will work with you and support your child through this time. They will not be put back into 'pull ups', as this may make them more insecure, but will be encouraged more than usual to use the toilet.

Some useful websites which support Potty Training can be found at:

<https://www.nhs.uk>

<https://eric.org.uk/potty-training/>

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Signed: (Proprietor/Manager)	
Signed: (Deputy Manager)	