

# BOTTLE/BREAST FEEDING Policy

The children's individual needs will be discussed with parents, to ensure that they are met. Feeds will be prepared as and when they are required by the babies and not as part of the nursery routine. All staff must ensure that they have washed their hands thoroughly prior to making or giving a feed. A suitable sterilised bottle, which should be clearly labelled with the baby's name, will be used for feeds. Staff should record the amount of formula consumed by the baby on the baby's handover sheet so that the parent can be informed of the child's intake for that day. Parents should bring the formula into nursery in purpose-made containers, which allows the staff to measure out each feed individually or provide a container of formula. Both should be clearly labelled with the child's name and brought into the nursery along with the pre-sterilised bottle, which should also be clearly labelled with the child's name.

At Grassroots, we use the Tommee Tippee perfect prep machine to make bottles when your baby is hungry.

The benefits of this are:

- It makes a fresh bottle at correct temperature in less than 2 minutes
- The filter system removes any impurities present in water
- The initial 'hot shot' of water kills bacteria that may be present in water

Any milk left over from the feed should be discarded and the bottle rinsed out and re-sterilised. During a feed, babies will never be left unsupervised. A member of staff (if possible their key person) should hold the baby and sit on the soft rocking chair in the baby room. Staff are not required to wear gloves or aprons when feeding bottles to babies as it is important to make them feel comfortable and to feed them in a 'home like' environment.

## **BREAST FEEDING POLICY**

We welcome parents who are breast-feeding their children into the nursery and make every effort to accommodate their needs. We can also accept breast milk that has been expressed and are able to store this milk as advised by the parent.

Policy/Procedure name: <b>Bottle/Breast Feeding Policy</b>	
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Signed: ..... (Proprietor/Manager)	Signed: ..... (Deputy Manager)